NEW YORK JETS DAILY CLIPS

March 8, 2014

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THE RECORD

Jets name Englewood's Ian Lasher to management position
The Record
March 7, 2014

http://www.northjersey.com/sports/Jets_name_Englewoods_Ian_Lasher_to_management_position.html

The Jets have named Ian Lasher of Englewood to the position of senior vice president of corporate sponsorships.

Lasher will report directly to team president Neil Glat and will be responsible for corporate sponsorships and partner activation, as well as media relationships and sales.

Lasher spent nearly 20 years in sales and marketing with ESPN and the NHL, most recently serving as ESPN's vice president of sports management and digital marketing. His responsibilities included managing more than 25 sports properties and the development of the sales and marketing strategies for each property.

Before being named a vice president at ESPN, Lasher served as the senior director of sports management at ESPN where he operated as a brand manager and consultant providing marketing solutions, intelligence and expertise for each assigned sport for ad sales.
He originally joined ESPN in 1993 and also had a stint with the NHL from 1999-2002, where he was the league’s director of corporate sales and marketing before returning to ESPN.

Lasher has a degree in communication from Adelphi University.

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**THE STAR-LEDGER**

Livingston native helps Jets trainers save elderly airplane passenger’s life (Darryl Slater)

Star-Ledger

March 7, 2014


Conrad Jablonski grew up in Livingston, and he tries to return home as often as he can, to visit family, since he now works in New Orleans, doing cardiovascular disease training.

That’s why Jablonski, a 32-year-old cardiologist, was on a United Airlines flight on Feb. 17 at Newark Liberty International Airport. After seeing his family, he was heading from Newark to Indianapolis, where he used to work, to visit friends.

But Jablonski’s trip suddenly called him back to work duties, when he and two New York Jets assistant trainers saved an elderly woman’s life.

Jablonski never introduced himself to Josh Koch or Dave Zuffelato. So when the Jets initially released information about the incident, they did not include Jablonski’s name. Jablonski didn’t even learn that Koch and Zuffelato worked for the Jets until about a week after the incident, around the time the Jets confirmed what happened.

After aiding the elderly woman, the three men just went on about their business, with Koch and Zuffelato heading to the NFL Combine, and Jablonski embarking on his vacation in Indianapolis, where he once worked in a VA hospital emergency room.

Jablonski, who was sitting near the front of the plane, said he first noticed something amiss when he saw the woman struggling as she boarded.

“She kind of seemed unsteady on her feet,” he said in a telephone interview.

Within a few minutes of Jablonski sitting down, before the plane left the gate, he heard commotion from the back of the plane. Someone was saying another passenger needed help. When Jablonski reached the back of the plane, the woman was blue. Jablonski did not feel a pulse with his stethoscope when he placed it on her chest.

Koch and Zuffelato arrived to help Jablonski carry the woman to the jet way. Jablonski said one of the trainers began chest compressions, as Jablonski performed mouth-to-mouth resuscitation. They delivered a shock to her chest with an automated external defibrillator.

Police arrived with oxygen containers, which Jablonski and the trainers were able to use on the woman. Within a couple minutes, an emergency medical services team showed up and hooked the woman to an electrocardiography machine, to measure her heart activity.

“You could kind of tell she was kind of having some kind of heart attack,” Jablonski said. “Based on the pattern, it certainly looked like a heart attack.”
By the time the woman was taken to an ambulance, Jablonski said her pulse had returned and she was breathing on her own.

Jablonski said he did not know Koch and Zuffelato were medical professionals, but figured they had some kind of CPR training, based on them requiring little guidance during the process – and that it went so smoothly.

“Once we had a pulse back and had her breathing, I just said, ‘Hey, thanks for your help,’” Jablonski said. “I just told them they were really supportive. Nothing big. That’s kind of what made the experience so unique. We just sat down and just continued on the trip. Nobody asked for names between myself and them. It was kind of almost an everyday thing for us.”

For Jablonski, it actually is. He did his internal residency at the University of Medicine and Dentistry of New Jersey in Newark. He did pulmonary critical care training at New York University. He worked for eight years with the first-aid squad in Florham Park, where the Jets’ training facility is located.

Jablonski said he had a couple in-flight emergencies in the past, “but really nothing to this degree of severity.” In those previous situations, he was able to assess the ailing passenger and determine the situation was stable enough to continue the flight.

“This woman basically was dead, and we were able to resuscitate her,” Jablonski said.

The woman, 74-year-old Larisa Enker, told the Daily News, “(They) practically saved my life. I was crying when I find out. I was very touched. I don’t remember anything. Absolutely nothing. I don’t even remember being on the plane.”

Though Jablonski has done these type of resuscitations on “a routine basis” as a pulmonary critical care doctor, they always happened at a hospital, not on a jet way.

Earlier this week, Jablonski reached out to the woman and spoke with her husband. She did indeed have a heart attack, Jablonski said, and suffered broken ribs from the chest compressions.

“It looks like the recovery is moving slowly but surely in a positive direction,” Jablonski said.

As for the rest of Jablonski’s trip, he remembers feeling overwhelmed when he sat back down in his seat, as the plane prepared to take off. He knew that, with heart attacks, if treatment is not administered quickly, a person’s chances of living drop. With each minute that the heart is not pumping, the odds of survival fall by 10 percent, he said.

“I just kept thinking I’m grateful that we were able to do something,” he said. “I told my mom: This is probably someone’s mom or aunt or sister. For us not to get involved wouldn’t have been right.”

When he arrived in Indianapolis and settled back into vacation mode, Jablonski told his friends about the incident.

“The first round is on us,” they told him.

NEW YORK POST

Jets should take plunge on Jairus Byrd to shore up secondary (Brian Costello)
New York Post
March 7, 2014

http://nypost.com/2014/03/07/jets-should-take-plunge-on-jairus-byrd-to-shore-up-secondary/
This is the eighth in a nine-part series examining the Jets’ needs position by position with free agency starting on Tuesday.

**Defensive backs**

**Antonio Cromartie**
- Age: 29
- 2013 stats: 38 tackles, 3 interceptions, 1 forced fumble

**Dee Milliner**
- Age: 22
- 2013 stats: 56 tackles, 3 interceptions

**Dawan Landry**
- Age: 31
- 2013 stats: 100 tackles, 1 interception, 1 sack

**Ed Reed**
- Age: 35
- 2013 stats: 38 tackles, 3 interceptions

**Kyle Wilson**
- Age: 26
- 2013 stats: 26 tackles

**Antonio Allen**
- Age: 25
- 2013 stats: 63 tackles, 1 interception, 1 sack

**Jaiquawn Jarrett**
- Age: 24
- 2013 stats: 25 tackles, 1 sack

**Darrin Walls**
- Age: 25
- 2013 stats: 21 tackles

**Josh Bush**
- Age: 25
- 2013 stats: 17 tackles, 1 forced fumble

**Ellis Lankster**
- Age: 26
- 2013 stats: 18 tackles
Isaiah Trufant  
Age: 31  
2013 stats: 20 tackles 
Johnny Patrick  
Age: 25  
2013 stats: 38 tackles, 1 interception, 1 ½ sacks, 1 forced fumble 
Rontez Miles  
Age: 25  
2013 stats: N/A 
Aaron Berry  
Age: 25  
2013 stats: N/A 
Ras-I Dowling  
Age: 25  
2013 stats: N/A 
Brandon Hardin  
Age: 24  
2013 stats: N/A 
Lowell Rose  
Age: 23  
2013 stats: N/A 
Nick Taylor  
Age: 25  
2013 stats: N/A 
2014 free agents: Reed, Berry, Trufant (restricted) 
Overview: It was an ugly 2013 for this unit that had been a strength of the team under Rex Ryan. Teams repeatedly threw deep on the Jets, and they did not seem to have an answer for it.
Cromartie’s play dropped off dramatically. He had a hip injury that started in the preseason and lasted all year long. It’s hard to define how much his struggles were a result of the hip or just diminished skills.
Milliner, the No. 9 overall pick, had a rough rookie season. He was benched three times and could not seem to earn the coaches’ trust. A strong final month encouraged the Jets, and they believe he will make huge strides this year with a full offseason program. He missed last year’s after shoulder surgery.
Safety was an interesting position. Landry was steady and always on the field, but he did not make many big plays. Allen seemed to be coming along, making one of the biggest plays of the season with a pick-six against Tom Brady, but then the team signed Reed. After that, Allen’s playing time was slashed.
Reed played way too much when he was first signed, but got better when they began playing him only in the sub package.

Offseason priority rating (1 to 5 with 5 being the highest priority): 4

Possible targets: Jairus Byrd, Antoine Bethea, Aqib Talib, Alterraun Verner, Vontae Davis, mid-round or late-round depth picks

Costello’s call: The biggest decision revolves around Cromartie. He carries a $15 million cap hit. There is no way the Jets will keep him at that price. If I were the Jets, I would try to bring him back at a lower price, somewhere around $6 million and tack on a year or two to his contract.

If the Jets decide Cromartie is done, they could dive into the free-agent market. There are a ton of good cornerbacks out there. Talib would be a fascinating signing, but he may be too pricey for the Jets. Verner had a great game against the Jets last year, something that surely will be in the back of Ryan’s mind.

At safety, Byrd looks too good to pass up. He is going to be looking for $10 million a year or more, a hefty price tag for a safety. But if I’m the Jets, I do it. They have the cap space. Make him your big signing. He is a game-changing safety that forces turnovers, something the Jets don’t have. He is a younger version of Reed.

Jets re-sign TE Jeff Cumberland (Brian Costello)

As the Jets prepare to begin chasing other teams’ free agents, they brought back one of their own Friday.

The Jets and tight end Jeff Cumberland agreed to a three-year contract, according to a source. Cumberland was scheduled to become a free agent Tuesday. The Jets are also deep into negotiations with right tackle Austin Howard, an impending free agent, to bring him back, according to a source.

Teams can begin negotiating with the agents of other teams’ free agents Saturday at noon. This negotiating window is a head-start on free agency that began last year. It gives teams three days to work on contract numbers before the players officially can sign contracts Tuesday at 4 p.m.

That means other teams interested in Howard or other Jets free agents can start speaking with their agents, and Jets general manager John Idzik and his staff can begin to legally talk to the representatives of free agents they are interested in. Teams cannot speak directly with players during this window and cannot arrange visits to the team’s training facilities.

Cumberland and Howard have been the Jets’ top priorities to get re-signed. Cumberland had 26 catches for 398 yards and four touchdowns last year. His return does not mean the Jets will stop looking for tight ends, a position at which they are extremely thin. One potential target came off the board Friday when the Cardinals signed John Carlson, who was cut by the Vikings this week. The Jets reportedly had interest in Carlson.

Howard, 26, has improved greatly as the team’s starting right tackle over the past two years. He was ranked as the No. 47 tackle in football by Pro Football Focus last season.

One Jets player who looks like he will hit free agency is guard Willie Colon. There have not been any contract talks between the two sides.
Colon played well at times last year, but suffered a biceps injury at the end of the season, which required surgery. He will be 31 next month and the Jets may feel the need to get younger at the position.

**NEW YORK DAILY NEWS**

**NY Jets plan to make a play for Chiefs guard Jon Asamoah (Manish Mehta)**

New York Daily News  
March 7, 2014


The Jets’ pressing needs at the skill positions have been well-documented, but general manager John Idzik is fully aware that he’ll also have to solidify his offensive line for the team to build off an unexpected but promising 2013 season.

To that end, the Daily News has learned that the Jets will make a play for Chiefs guard Jon Asamoah when the league’s three-day negotiating window with impending free agents begins Saturday.

Veteran Willie Colon, who started 16 games at right guard last season before tearing a biceps tendon in Week 17, is considered a back-burner option, according to a team source.

The Jets’ interest in Asamoah, who will turn 26 in July, makes sense. He started 31 games in 2011 and 2012 before losing his starting spot to Geoff Schwartz last November. Asamoah, a third-round pick by Kansas City in 2010, started nine games last year before missing one due to a shoulder injury. Schwartz, who is also an unrestricted free agent, started the final six games, including the playoffs.

Asamoah, who is better in pass protection than run blocking, could be a free agent steal. However, the Jets will likely have to fend off a handful of other serious suitors to land him. The Falcons and Chargers reportedly may have interest. The Jets are negotiating with 6-4, 305-pound right tackle Austin Howard with the hope of re-signing him before free agency begins. The Jets have plenty of space under the salary cap, but it’s unclear whether Idzik & Co. will be willing to spend enough to land Asamoah.

**Source: Jets agree to terms on three-year deal with TE Jeff Cumberland (Manish Mehta)**

New York Daily News  
March 7, 2014


The Jets kicked off what promises to be a flurry of moves to improve its offense by securing one of its valued skill position players in the run-up to free agency. The Daily News first reported Friday night that the Jets agreed to terms on a three-year deal with tight end Jeff Cumberland.

The organization is bullish on Cumberland’s ability to take that next step after flashes in his first four seasons. Cumberland, who will turn 27 this summer, had 26 receptions for 398 yards and a team-high four receiving touchdowns last season. He played second fiddle to veteran Kellen Winslow early in the season.

Cumberland, who started 24 games the past two seasons, has 58 career receptions for 795 yards and seven touchdowns.
The move doesn’t necessarily preclude the Jets from adding another tight end in free agency or the draft. Team decision makers are high on Zach Sudfield’s potential, but the Jets need as much as help as it can get for quarterback Geno Smith. Veteran TE John Carlson, who was on the Jets’ radar, signed a two-year deal with the Cardinals earlier Friday.

The Jets have had internal discussions about veteran tight ends Brandon Pettigrew, Ed Dickson and Scott Chandler, according to two team sources. Gang Green is also expected to add at least one wide receiver in free agency. The league’s three-day negotiating window begins Saturday. The official start of free agency is Tuesday at 4 pm.

ESPN NEW YORK

Jets extend TE Jeff Cumberland (Rich Cimini)
ESPN New York
March 7, 2014


The New York Jets have a lot work to do on offense, and they got started Friday night, agreeing to an undisclosed contract extension with starting tight end Jeff Cumberland, according to a league source. Cumberland was due to become an unrestricted free agent Tuesday, but he would have been allowed to start negotiating with teams at midnight. He agreed to a three-year deal, the New York Daily News reported.

The Jets’ offseason goal is to add firepower to a unit that finished 31st in passing offense. Despite modest statistics, Cumberland is seen by the organization as an ascending talent.

The Jets are expected to make another significant acquisition at tight end, either through free agency or the draft. They have varying degrees of interest in Jermichael Finley and Brandon Pettigrew, sources said.

The Jets hope to add another offensive piece over the weekend. They're in negotiations with right tackle Austin Howard and hope to re-sign him before he hits the open market.

Before Cumberland's return, the Jets had only two tight ends under contract -- Zach Sudfeld and Chris Pantale, neither of whom has much experience. Veteran Kellen Winslow, set to become an unrestricted free agent, won't be back.

Cumberland, 26, was the Jets' primary tight end last season, although he wasn't a huge factor in the passing game. He caught only 26 balls, but he managed career highs in yardage (398) and touchdowns (four). His impressive yards per catch (15.3) showed his potential as a receiving threat, if used properly. He played for $1.3 million, the tender for a restricted free agent.

The Jets signed Cumberland as an undrafted free agent out of Illinois in 2010. The 6-foot-4, 249-pound Cumberland was a wide receiver in college, but was converted immediately to tight end. He was a non-factor his first two seasons, missing most of 2011 with an Achilles tendon injury. His playing time ballooned the following year as a backup to Dustin Keller.

Cumberland has 58 career catches for 795 yards and seven touchdowns.
Here's Johnny: Idzik's time to shine (Rich Cimini)
ESPN New York
March 7, 2014

John Idzik showed last year what he can do on a shoestring budget. Now, to use a variation of a Lou Carnesecca line, the New York Jets' general manager gets a chance to shop in Macy's window.

The free-agency season is upon us, and the Jets have about $23 million in cap space, which will grow to more than $40 million if/when they dump Santonio Holmes, Antonio Cromartie and Mark Sanchez. It's "go" time for Idzik, whose long-term plan -- presented to owner Woody Johnson when he was hired 14 months ago -- is predicated on stockpiling talent in 2014.

The story last March was the "Rex-odus," five starters bolting the Jets. Now Idzik has roster flexibility, and we get to see how he attacks the team's weaknesses. A man with money doesn't always translate to success, as we've seen plenty of teams over the years spend money foolishly, wrecking their future cap. No championships are won in March. If they were, the Jets would have more Lombardi Trophies than the New England Patriots.

People who know Idzik say he won't take a "shop-till-you-drop" mentality into free agency. They say he will spend, but won't forget his core principles. He won't give lucrative, long-term deals to players over 30 or those with injury concerns. He won't sell out to sign "the big star." He won't deviate from his "the-draft-is-our lifeline" philosophy. He won't pay top-dollar prices for middle-of-the-road players.

Pardon me, but I'm skeptical of the last one, because most teams overpay in free agency. Do you think starting-caliber receivers will be beating down the Jets' door to play with Geno Smith and the 31st-ranked passing offense? Of course not; the Jets will have to pay to attract the top talent.

Former longtime NFL GM Bill Polian, now an ESPN analyst, cautioned that free agency isn't a cure-all.

"The best players are signed," he said on a media conference call. "These (free agents) are essentially ‘B’ players whose agents are looking for ‘A’ money. That, in itself, is not the best of buys. You recognize that as a general manager."

Ideally, you want to use free agency to fill needs, allowing you to take a best-available-athlete approach in the draft. It's easy to preach that, but quite another to practice it. When the bidding starts and the money starts flying, it's easy to get sucked into the madness of free agency. Idzik is known for his deliberate approach; we're about the find out how deliberate. The "legal tampering period" begins at midnight; the signing period commences at 4 p.m. Tuesday.

A few thoughts on what to expect from the Jets:

1. Keeping their own: Unlike last year, the Jets are actually trying to retain some of their free agents-to-be, namely RT Austin Howard and TE Jeff Cumberland. They're deep into negotiations with both players. It wouldn't be a surprise if both re-up by Tuesday. They're interested in keeping LB Calvin Pace, 33, but they won't shower him with money because of his age. They told RG Willie Colon, almost 31, he's free to test the market. Once again, it's the age factor. Former second-round pick Vladimir Ducasse also is unlikely to return. In his case, it's not age, it's a talent thing.

2. Resolve the QB situation: If I were Idzik, I'd address this ASAP. How can you convince free-agent receivers to sign if you're selling the still-unproven Smith and a bunch of question marks at quarterback? They should make an immediate run at Michael Vick, with Josh McCown the No. 2 option. Vick isn't
what he used to be, but he has more credibility than Smith at this point. If Idzik strikes out in free agency and the trade market, he might have to turn to Sanchez, whose cap charge ($13.1 million) and surgically repaired shoulder make him a less-than-ideal option.

3. Go wide: There are two ways to approach the wide-receiver search. Idzik can go long and invest significant money in Golden Tate, a solid No. 2 receiver, or he can go short and take a chance on Hakeem Nicks, who might be amenable to a one-year deal. Nicks has No. 1 talent, but he hasn't played like a lead receiver since 2011. Obviously, there are other options as well, including Emmanuel Sanders. Stay away from Eric Decker; he'll cost too much and he's not a true No. 1. If the Jets can sign a No. 2, pairing him with Jeremy Kerley, Stephen Hill and David Nelson, they'd be in position to look for a No. 1 in a receiver-rich draft.

4. The big splurge: Even though the Jets have a ton of cap space, I can't see Idzik spending franchise-type money for one player -- unless he makes an exception for S Jairus Byrd. Even that would be a long shot. With the possibility of 12 draft choices (counting possible compensatory picks), Idzik can afford to be relatively patient, building for sustainable success and avoiding the quick fix. The goal should be to build around Smith, letting him grow with those around him. That was part of the problem for the previous regime. They put Sanchez in charge of a win-now team and, by the time Sanchez was ready to take the next step, the talent around him had eroded. They couldn't get it going at the same time. This is Idzik's chance to make that happen.

Source: No contract talks between Jets and free agent Willie Colon (Dom Cosentino)
NJ.com
March 7, 2014
http://www.nj.com/jets/index.ssf/2014/03/source_no_contract_talks_between_jets_and_free_agent_willie_colon.html

It looks like the Jets are ready to let right guard Willie Colon hit free agency.

A source familiar with the situation confirmed the team has had no contract talks with Colon, a veteran with an injury history who spent his first seven seasons with the Steelers before joining the Jets last year.

ESPN New York's Rich Cimini first reported Friday the Jets were ready to let Colon become a free agent.

 Colon, a native of The Bronx who attended Hofstra, did tear his biceps during the 2013 season finale. The source said Colon's recovery, which would reportedly take up to four months, was "on schedule." When he was with the Steelers, Colon missed the 2010 season with a torn Achilles. He then tore his triceps in the 2011 season opener and missed the rest of that year.

Colon signed with the Jets last March after he became a cap casualty of the perennially cap-strapped Steelers. He started all 16 games in 2013, and Pro Football Focus graded him as the 36th-best guard in the league. He earned especially high marks for his pass blocking—fourth-best in the NFL—but he was also flagged 12 times for penalties, which tied for the highest total in the league.

Free agency begins Tuesday, but free agents are permitted to begin negotiating with teams other than their own beginning at noon Saturday.
New York Jets free agency primer (Dom Cosentino)
NJ.com
March 7, 2014
http://www.nj.com/jets/index.ssf/2014/03/new_york_jets_free_agency_primer.html

Let the rumor-mongering begin!

The exclusive negotiating window NFL teams have to sign their own pending free agents is just about over. That means teams can soon begin bidding for free agents on the open market. By this time next week, many teams' rosters could look decidedly different.

The Jets have plenty of cap space, so this period presents an opportunity to bolster some of their weak spots as they aim to return to the playoffs for the first time since 2010.

Number of Jets unrestricted free agents: 15.
All are free to negotiate with other teams beginning Saturday.

Number of Jets restricted free agents: 3.
Restricted free agents have three accrued seasons of service. The Jets can extend a RFA a qualifying offer by Tuesday. If they do, they also have the right of first refusal on any offers from other teams until May 2, at which point, if the RFA doesn't get another offer, his rights revert to the Jets. If the Jets do not match another team's offer to a tendered RFA, they could receive a draft pick as compensation. If the Jets do not extend an RFA a qualifying offer by Tuesday, the RFA becomes an unrestricted free agent.

Number of Jets exclusive rights free agents: 2.
ERFA have fewer than three years of service, and it's up to the Jets to make a contract offer. If they don't, the ERFA becomes an unrestricted free agent.

Official start of free agency: 2013 player contracts expire on Tuesday at 4 p.m. That's also when players can sign free-agent contracts with teams other than their own.

Actual start of free agency: Agents are permitted to begin negotiating with different teams beginning at noon on Saturday.

Folk the franchise: The Jets franchised kicker Nick Folk, which means Folk has been offered a one-year, $3.556 million contract. Folk's franchise tag is non-exclusive, so he's free to negotiate with other teams, but the Jets have the right to match any offer he gets. Should Folk accept another team's offer, that team would have to give the Jets two first-round draft picks as compensation. That's not going to happen.

Jets free agents:
CB Aaron Berry
G Willie Colon
WR Josh Cribbs
TE Jeff Cumberland
DT Leger Douzable
G Vladimir Ducasse
K Nick Folk (franchised)
QB David Garrard
RB Lex Hilliard
T Austin Howard
LB Josh Mauga
LB, Calvin Pace
S Ed Reed
RB Darius Reynaud
LB Nick Bellore (restricted)
LB Garrett McIntyre (restricted)
CB Isaiah Trufant (restricted)
WR Vidal Hazelton (exclusive rights)
TE Konrad Reuland (exclusive rights)
NFL salary cap: $133 million
Jets' salary cap space: $23.3 million (estimate)
Positions of need: Wide receiver, tight end, safety, cornerback, offensive line, linebacker, quarterback
Players to watch: S Jairus Byrd, WR Golden Tate, TE Brandon Pettigrew, QB Michael Vick, QB Josh McCown, CB Vontae Davis
Jets on NFL.com's list of top 101 free agents: RT Austin Howard, No. 89

FRIDAY'S SPORTS TRANSACTIONS

The Sports Network
March 8, 2014


BASEBALL
Baltimore Orioles - Optioned pitcher Mike Belfiore to Norfolk (IL); assigned pitchers Tim Alderson and Nick Additon to minor league camp.
Boston Red Sox - Agreed to terms with pitchers Drake Britton, Rubby De La Rosa, Felix Doubront, Anthony Ranaudo, Allen Webster, Alex Wilson, Brandon Workman and Steven Wright, catchers Dan Butler, Ryan Lavarnway and Christian Vazquez, infielders Xander Bogaerts, Garin Cecchini, Brock Holt and Will Middlebrooks and outfielders Jackie Bradley Jr., Bryce Brentz, Alex Hassan and Daniel Nava on one-year contracts.
San Diego Padres - Placed pitcher Cory Luebke on the 60-day disabled list; claimed outfielder Alex Castellanos off waivers from the Texas Rangers.
Seattle Mariners - Announced the resignation of third base coach John Stearns; named Rich Donnelly third base coach.

BASKETBALL
National Basketball Association - Suspended Milwaukee Bucks forward Ersan Ilyasova one game.
Orlando Magic - Signed center Dewayne Dedmon and guard-forward Adonis Thomas to second 10-day contracts.

FOOTBALL
Arizona Cardinals - Signed tight end John Carlson to a two-year contract.
BC Lions - Announced the retirement of center Angus Reid.
Detroit Lions - Tendered exclusive rights free agent offers to wide receivers Kris Durham and Jeremy Ross, linebacker Julian Stanford, cornerback Chris Greenwood and tight end Matt Veldman.
Edmonton Eskimos (CFL) - Signed defensive tackles Cedric McKinley and Daniel Ross.
Indianapolis Colts - Agreed to terms with punter Pat McAfee.
Jacksonville Jaguars - Agreed to terms with quarterback Chad Henne on a two-year contract.
Minnesota Vikings - Re-signed cornerback Marcus Sherels.
New York Giants - Signed linebacker Mark Herzlich.
Seattle Seahawks - Re-signed safety Jeron Johnson and offensive lineman Lemuel Jeanpierre to one-year contracts.
Tennessee Titans - Agreed to terms with defensive end Ropati Pitoitua on a multi-year contract.
Winnipeg Blue Bombers (CFL) - Named Buck Pierce running backs coach; signed quarterback Robert Marve and wide receiver Mario Urrutia.

HOCKEY
Columbus Blue Jackets - Recalled defenseman Frederic St. Denis from Springfield (AHL).
Detroit Red Wings - Assigned forward Teemu Pulkkinen to Grand Rapids (AHL).
National Hockey League - Suspended Vancouver Canucks forward Zack Kassian three games.
Phoenix Coyotes - Recalled defenseman Brandon Gormley from Portland (AHL).
Washington Capitals - Assigned defenseman Cameron Schilling to Hershey (AHL).

COLLEGE
Arkansas - Dismissed head women's basketball coach Tom Collen.

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